

Introduction to MAT Evaluation

Course Description

MAT is an assessment tool essential for ensuring appropriate postural outcomes in relation to Seating and wheelchair prescription. Understanding the postural tendencies, postural capacity and required postural supports are the foundations for any wheelchair and seating assessment. This course is a practical hands on full day workshop. Basic pelvic positioning will be identified prior to the MAT 3 part approach. Attendees are encouraged to wear loose comfortable clothing and bring a towel or mat to work on the floor on. Basic seating principles will be used to guide the learning process however the focus will be on the doing aspects of completing a MAT assessment.

Date	TBA
Location	ILCNSW Blacktown
Duration	9:00am – 4:00pm (Full day training)
Course Fee	\$450

This full day workshop includes

- Pelvic positioning identifications and implications
- Identification and palpation of boney landmarks
- Identification and articulation of current seated positioning using appropriate anatomical terminology
- Correct measurement and recording of supine ROM in relation to sitting
- Mocking up proposed supported seating positioning

Learning Outcomes

By the end of the session participants will be able to

- Identify when a MAT should be completed and why
- Palpate the boney landmarks of the pelvis
- Identify APT, PPT and neutral pelvis positioning
- Know which joints are essential for seated positioning ROM to be recorded and demonstrate how these are measured
- Begin to clinically reason potential seated position based on an individual's ROM and record how this mock-up will be documented for trials / funding applications

How to Register

Course materials and light refreshments are included in your registration.

To register, please use one of the following methods:

- 1- **Online Registration:** <https://goo.gl/yAZjv0>
- 2- **Paper Registration:** Please contact us for a paper copy of the registration form. Call 02 9912 5800 or email training@at-aust.org

(Assistive Technology Australia was previously known as Independent Living Centre NSW)