Guidelines
to assist you have difficulty
Operating Taps

Modifying existing taps
Replace existing washer and spindle with an “o” ring or hydroseal. Less force will be required to turn the tap on or off. Consult a plumber for details.
The existing tap handle can be replaced with a lever handle without altering the plumbing.

Replacing the taps
While this is the more expensive option it may be the most suitable solution.

Tap Turners
These devices fit over an existing tap head, creating increased leverage.
• A tap turner can be suitable for different tap shapes and others are designed for specific fittings.
• A tap turner can remain permanently on the tap while others can be used on several taps.

You may need to purchase more than one for different rooms in your home.
Types of taps

- Quarter turn taps allow the operator to turn taps fully on and off within a 90° arc, limiting the turning required. They may have capstan handles (traditional cross-shaped) or short lever handles.
- Extended lever taps can have quarter turn, half turn or standard operation. The extension handle can be operated using the side of the hand or elbow, reducing the pressure placed on the small joints of the hand.
- Foot operated or knee-control taps.
- Infra-red/electronic sensor taps operate by detecting movement in front of a sensor pad, so no force is required.
- Single lever mixing taps are a one-piece unit that delivers both hot, cold and mixed water from the same spout.

Your local occupational therapist can provide advice on the right option for you.

For more information, please contact

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